



Concept Training

Concept Training Ltd

15 Beach Street

Bare

Morecambe LA4 6BT

Tel 01524 832828

Fax 01524 832852

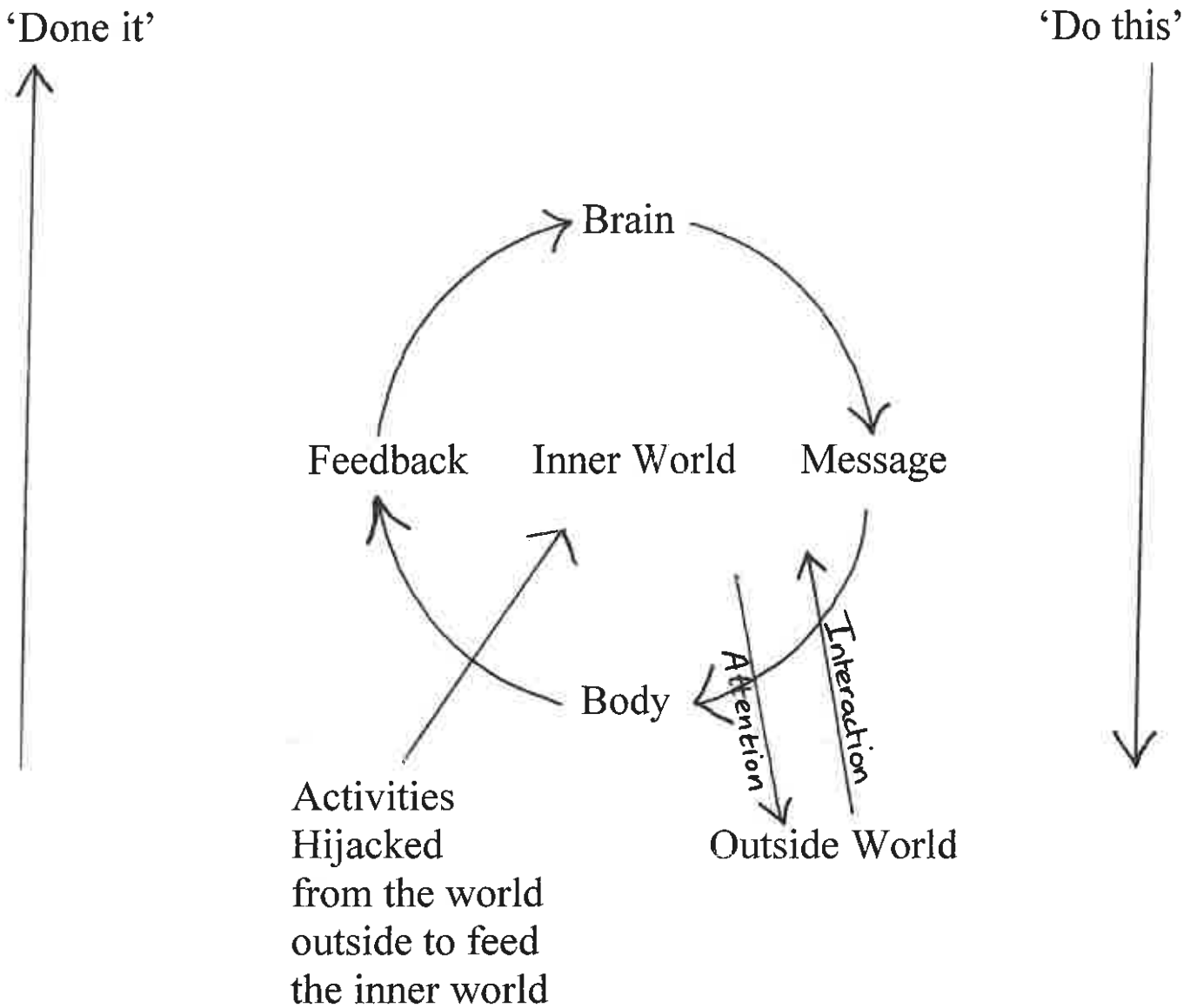
email info@concept-training.co.uk

website www.concept-training.co.uk

“Intensive Interaction: Sensory Issues
and Communication Using Body
Language”

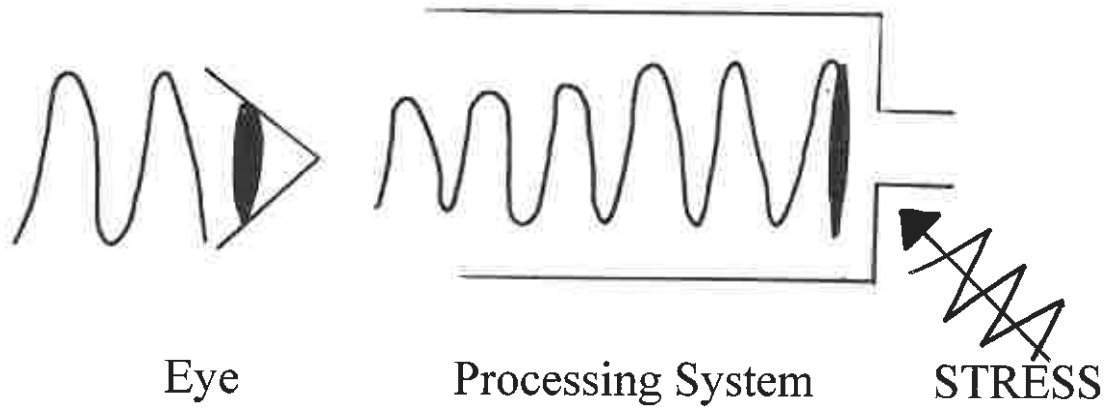
led by
Phoebe Caldwell

Brain – Body Conversations



The Autonomic Storm

Overload



Coping Strategies

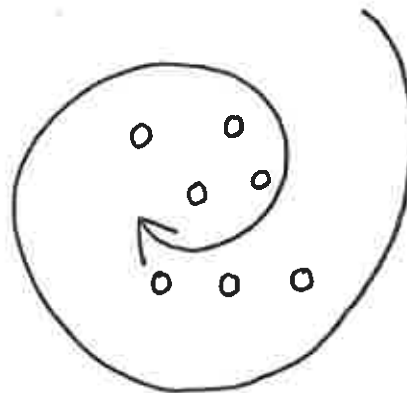
1. Repetitive Behaviours 'When I do this I know what I am doing'
2. Exit Strategies
 - a. Avoidance
 - b. Freeze
 - c. Aggression

Autonomic Storm (also known as 'meltdown' or 'fragmentation')

Sensory Images distort/break up.

Associated with

- a. Pain
- b. Confusion
- c. Heat.



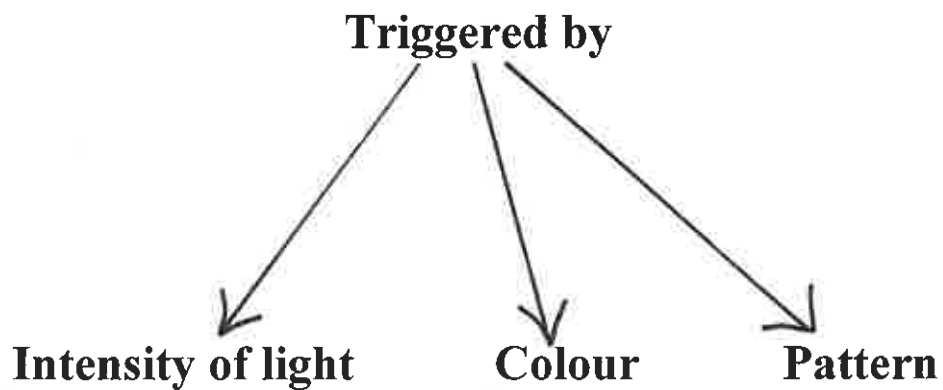
Stress Triggers that interfere with the processing system

1. Hypersensitivities
Vision
Hearing
Touch
Taste
Smell
Internal Sensations
2. Distortions in the balance (Vestibular-cochlear) system
3. Hyposensitivities to proprioceptive signals (Signals from the muscles and nerves)
4. Not knowing what is happening
5. People
6. Emotional Overload – overreaction to embarrassment
7. Choices
8. Change
9. Anything abstract – Time - Intervals
10. Speech
11. Hormonal surges

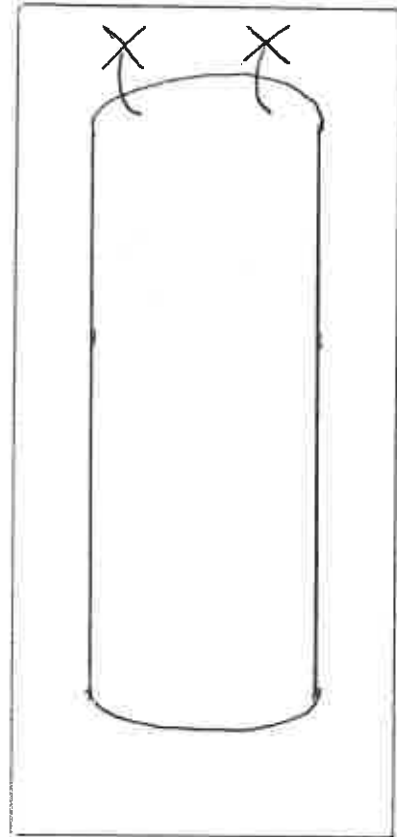
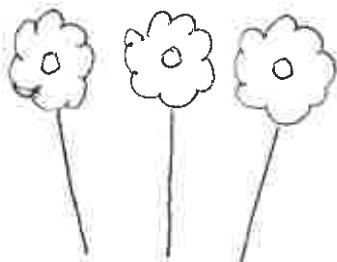
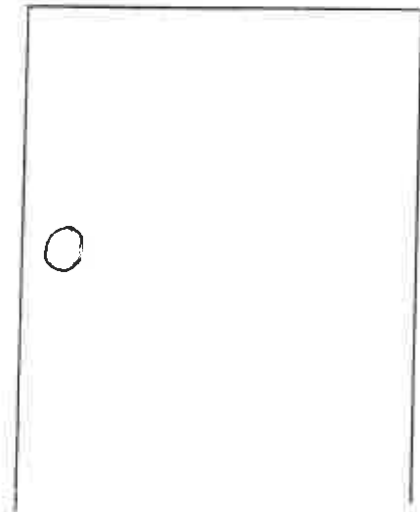
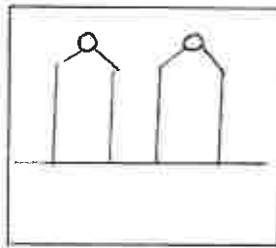
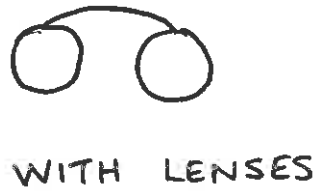
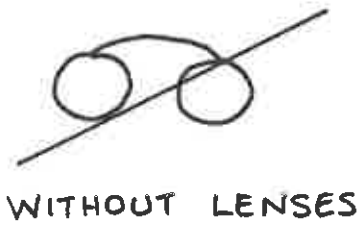
Not all people with autism have all these reactions. It is a pick-and-mix situation.

Visual Distortions – the kaleidoscope effect

Scotopic Sensitivity – Irlen Syndrome

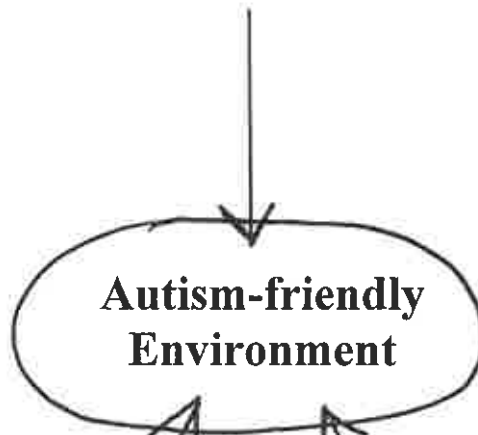


Comparison of drawings with and without coloured lenses



Autism - Friendly Environment

**Reduce triggers to stress
that make it hard for the
brain to process.**



**Increase signals the brain
can understand easily**

Proprioceptive signals

Body Language

